



LENUS CLINIC

ADVANCED HAIR RESTORATION PROCEDURES

“Hair Diagnosis Report”

Your Daily Operation Plan

While each experience is precisely customized to meet your specific needs, a brief summary of your time in Istanbul will be provided.



ARRIVAL

When you arrive in Istanbul, one of our patient service coordinators will welcome you at the airport and take you to your private driver with a VIP vehicle.

You may take in the lovely views of the city while traveling to the hotel where you will stay. After you check-in to your hotel you are free to relax for the rest of the day.



OPERATION DAY

Having a complimentary breakfast at the hotel and our VIP transfer will pick you up from hotel and drop you off to the hospital for procedure.

The procedure starts with the hair analysis procedure which would be carried by our professional team & expertise physicians. The procedure will take 6-8 hours to complete. You will be able to go back to the hotel to rest and enjoy the evening after the operation.



WASHING DAY

Your driver will pick you up from the hotel and bring you back to the hospital for your post-operative check up.

During the appointment, we will provide you with a professional hair wash, demonstrating and explaining the process to allow you to do this yourself for the first 10-days.

When the washing completed, we will give you instructions on how you should be using the aftercare products. We will continue to be in touch for 12-months after the procedure.

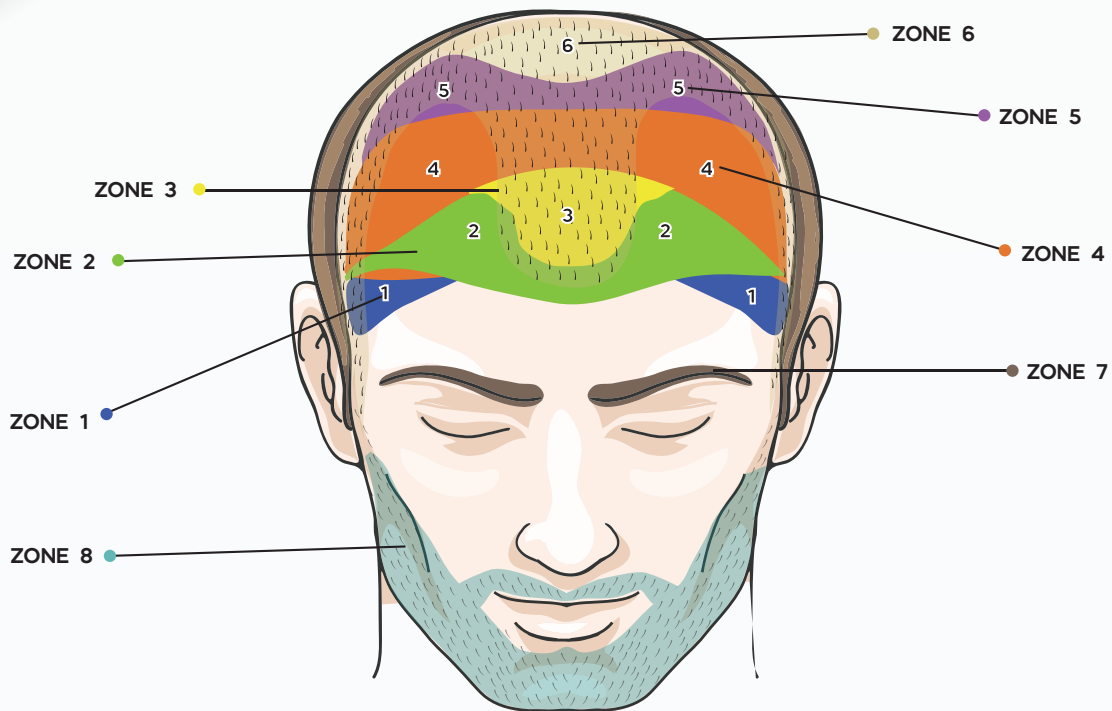


DEPARTURE

Start your day with the complimentary breakfast at the hotel. You're not required to visit the clinic on your last day. Please make sure you pack your belongings.

Then we will drive you back to the airport, right on time for the departure flight.

Diagnosis & Operation Summary



☐	☐	☐	☐	☐	☐	☐	☐
ZONE 1	ZONE 2	ZONE 3	ZONE 4	ZONE 5	ZONE 6	ZONE 7	ZONE 8

Gender	Male
Medical Condition	HEALTHY
Type of Alopecia	Androgenic Alopecia
Norwood Scale	IV
Required Sessions	1
Recommened Technique	SAPPHIRE FUE
Donor Area Condition	Moderate
Est. Number of Grafts	4500
Coverage Percantage	Maximum
Anesthesia Type	Needle-free Painless Anesthesia
Extraction Punch Diameter	0.8 mm
Graft Storage Solution	Custodiol HTK (faster growth– maximum protection of grafts)
Additional treatments	PRP

Pre-Op. & Post-Op. Instructions

Pre-Operative Instructions



No smoking and alcohol consumption



Get a good sleep



Refrain from blood thinner



Dress a sleeve shirt on the day of surgery



Take a shower & wash your scalp 1 day before surgery



Have a light nutritious breakfast

Post-Operative Instructions

Sleeping Flat: To mitigate the risk of swelling, it is essential that you sleep with your head elevated for the first seven days after treatment.

Ignoring Your Labels: One of the worst things you can do is to ignore the labels on your prescription and over-the-counter medications.

Forgetting the Ice: The key to treating swelling "injuries" is rest, ice, compression, and elevation.

Scrubbing Your Hair or Shower: For the first 24 hours after your hair transplant procedure, do not wash your hair. On the second day after treatment, you can wash your hair gently.

Dying Your Hair: You can't dye your hair within 12 months of your hair restoration.

Forgetting to Drink Water: The more hydrated you are, the more comfortable you will be and the faster you will recover.

Sleeping on Your Tummy: In the first week after your treatment do not sleep on your stomach or side. Do not rub your new hairline against your pillow.

Applying Ice Directly to the Scalp: In fact, you should do your best to avoid touching the area at all for the first three days after treatment.

Drinking and Smoking: Avoid alcohol for the first five days after your procedure. Abstain from nicotine, such as e-liquids, cigarettes, cigar, nicotine gum and nicotine patches, for the first 30 days after your treatment.

Having Sex: You will need to abstain from sex for the first seven days after your hair transplantation



	BASIC	DIAMOND	STEMCELL DIAMOND
Graft Quantity	Maximum	Maximum	Maximum
Ice Grafting Method	✓	✓	✓
Micro Selection Method	✓	✓	✓
Stem Cell	✗	✗	✓
Needle - Free Anesthesia	✓	✓	✓
Aftercare Supply	1 Month	6 Month	6 Month
PRP	✓	✓	✓
Accommodation	4-Star Hotel	5-Star Hotel	5-Star Hotel
VIP Transportation	✓	✓	✓
Personal Interpreter	✓	✓	✓
Pre-Op. Assessment	✓	✓	✓
Post-Op. Hair Wash	✓	✓	✓
7/24 Support for 12 Months	✓	✓	✓
	\$2300	\$2800	\$4300

Reservation Steps

- Please share us the date you wish to have the procedure (3 nights / 4 days period)
- Let us check and confirm the availabilities of our procedure slots.
- Check the flight availability. Please get your return flight ticket with later flight hours
- Once we confirm the availability, we will send you a payment link for \$300 deposit payment.
- We kindly ask you to send us the flight ticket confirmation along with the deposit payment.
- We will arrange your all organization and confirm with all pre-op. details and information.



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